



NAVIGATE THROUGH REFLECTION

Lesson

Reflection compounds learning. Remember, when you regularly reflect and build upon what you have experienced over time, your learnings become wisdom, and that generates confidence.

Question (use Practice to answer)

Upon reflection, what is your next step?

Practice (to answer Question)

After completing the declared action for your idea MVP, answer the following reflection questions.

Completed Idea MVP:

- Learning: What did you learn?

- **Possibility:** What is possible if you embrace this learning?

- **Consequences:** What are the consequences if you don't embrace this learning?

- **Action:** What action are you going to take next?

Example

Completed idea MVP: Create a run of show for beta day.

- **Learning:** People I have shared the run of show with are very engaged and supportive. The run of show I had envisioned had way too much in it for a single beta day. Everyone who is invited to beta day should know it's a beta day.
- **Possibility:** We could create a program that would help thousands of leaders courageously explore the unknown to discover more possibility.
- **Consequences:** We would be focused on perfection and delay or never launch anything, and the idea could end on the drafting table.
- **Action:** Our next MVPs will be to enroll fifteen participants for beta day and to decide on a date and location.